January 2025

QUALITY CENTER
FOR REHABILITATION & HEALING

932 E. Baddour Pkwy
Lebanon, TN 37087
(615) 444-1836
QualityCenterRehab.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1. 10:00 Boards & Calendars 2:00 New Year Bingo	2. 10:00 Quality Exercise 2:00 Name That Tune/ Win Lose or Draw	3. 10:00 Tea for Two 2:00 Prizes Right 6:00 Bingo	4. 10:00 Waffles 2:00 Movie & Concessions
5. 10:00 Bible Study 2:00 Brother Ronnie Gaines	6. 10:00 Aroma Therapy 2:00 January Birthdays 6:00 Bingo	7. 10:00 Connect 4 2:00 Spelling Win	8. 10:00 Toast and Jelly 2:00 Pick a Snow Flake Win a Prize 6:00 Bingo	9. 10:00 Quality Exercise 2:00 Resident Council	10. 10:00 Tea for Two 2:00 Penny Pitch 6:00 Bingo	11. 10:00 Muffins 2:00 Bowling and Corn Hole
12. 10:00 Bible Study 2:00 Brother Ronnie Gaines	13. 10:00 Aroma Therapy 2:00 Painting Class 6:00 Bingo	14. 10:00 Noodle Ball 2:00 Taco Tuesday	15. 10:00 Donuts 2:00 Jessica June Rose 6:00 Bingo	16. 10:00 Quality Exercise 2:00 Bingo Marthon	17. 10:00 Tea for Two 2:00 Destination Vacation 6:00 Bingo	18. 10:00 Donuts 2:00 Unwrap a Smile
19. 10:00 Bible Study 2:00 Brother Leonard	20. 10:00 Reminiscing 2:00 Martin Luther King Day 6:00 Bingo	21. 10:00 Trivia 2:00 Cooking Class with Kay	22. 10:00 News and Coffee 2:00 Game Day & Cards 6:00 Bingo	23. 10:00 Quality Exercise 2:00 Cornbread Room to Room	24. 10:00 Tea for Two 2:00 Bingo with Crime Stoppers 6:00 Bingo	25. 10:00 Waffles 2:00 Shoveling Snow
26. 10:00 Bible Study 2:00 Brother Leonard	27. 10:00 Aroma Therapy 2:00 Pie Social 6:00 Bingo	28. 10:00 Parachute Ball 2:00 Hot Chocolate Bar	29. 10:00 Hangman 2:00 Blues Band 6:00 Bingo	30. 10:00 Quality Exercise 2:00 Happy Hour And Pizza	31. 10:00 Tea for Two 2:00 Quality General Store 6:00 Bingo	