OCTOBER 2024

QUALITY CENTER
FOR REHABILITATION & HEALING

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Lebanon, TN 37087
(615) 444-1836
QualityCenterRehab.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1. 10:00 Boards & Calendars 2:00 Bingo	**2.** 10:00 Manicures 2:00 VolleyBall 6:00 Bingo	**3.** 10:00 Outside Time 2:00 Painting Class	**4.** 10:00 National World Smile Day Spread your Happiness 2:00 Penny Pitch 6:00 Bingo	**5.** 10:00 Donuts 2:00 Prices Right
6. 10:00 Bible Study 2:00 Brother Ronnie Gaines	**7.** 10:00 Aroma Therapy 2:00 October Birthdays 6:00 Bingo	**8.** 10:00 Noodle Ball 2:00 Whats in the Bag	**9.** 10:00 Manicures 2:00 George Stanley 6:00 Bingo	**10.** 10:00 Quality Exercise 2:00 Resident Council	**11.** 10:00 Toast and Jelly 2:00 Unwrap a Trick or Treat 6:00 Bingo	**12.** 10:00 Muffins 2:00 Movie & Refreshments
13. 10:00 Bible Study 2:00 Brother Gaines	**14.** 10:00 Aroma Therapy 2:00 Trick or Treat Walk 6:00 Bingo	**15.** 10:00 Cinnamon Rolls 2:00 Spin the Wheel and Win a BOO prize	**16.** 10:00 Manicures 2:00 Jessica June Rose 6:00 Bingo	**17.** 10:00 BasketBall 2:00 Chili & Soup CookOff	**18.** WEAR YOUR PINK! Breast Cancer Awareness Day	**19.** 10:00 Waffles 2:00 Axe Throwing
20. 10:00 Bible Study 2:00 Brother Leonard	**21.** 10:00 Aroma Therapy 2:00 Quality General Store 6:00 Bingo	**22.** 10:00 Coffee and News 2:00 Halloween Scavenger Hunt	**23.** 10:00 Manicures 2:00 Blues Band 6:00 Bingo	**24.** 10:00 Bowling 2:00 How Many candy Corn is in the Jar? 5-7 Trick or Trunk	**25.** 10:00 Taste Test 2:00 Movie and Refreshments 6:00 Bingo	**26.** 10:00 Pop Tarts 2:00 Win Lose or Draw
27. 10:00 Bible Study 2:00 Brother Leonard	**28.** 10:00 Aroma Therapy 2:00 Halloween Arts & Crafts / Refreshments 6:00 Bingo	**29.** 10:00 Reminscing 2:00 Halloween Bingo	**30.** 10:00 Manicures 2:00 Smores and Ghost Stories 6:00 Bingo	**31.** 10:00 Halloween Trivia 2:00 Halloween Party		